

ICS 206 - Medical Plan

Incident: MV Athos I **Prepared By:** Medical Unit Leader **at** 12/2/2004 09:00
Period: Period 7 (12/3/2004 06:00 - 12/4/2004 06:00) **Version Name:** Medical Plan

First Aid Stations

Name	Location	EMT (On-Site)	Phone	Radio
Sick Bay	MSO/GRP Philadelphia	No		

Transportation (Ground and/or Ambulances Services)

Name	Location	EMT	Phone	Radio
Thomas Jefferson University Hospital	Philadelphia, PA - United S	Yes	(215) 955-6000	
Public Ambulance Service	Philadelphia, PA - United S	Yes	911	

Hospitals

Name	Location	Helipad	Burn Center	Phone	Radio
Thomas Jefferson University Hospital	Philadelphia, PA - United	Yes	No	(215) 955-6000	
Pennsylvania Hospital	Philadelphia, PA - United	No	No	(215) 829-3000	
Methodist Hospital Div, Thomas Jeffer	Philadelphia, PA - United	Yes	No	(215) 952-9000	
Hahnemann	Philadelphia, PA - United	No	No	(215) 762-7000	
St. Agnes Burn Treatment Center	Philadelphia, PA - United	No	Yes	(215) 339-4100	
University of Pennsylvania Hospital	Philadelphia, PA - United	Yes	No	(215) 662-3920	
Crozer Medical Center	Upland, PA	Yes	Yes	(610)447-2000	ER (610)4
Cooper Hostipal University Medical C	Camden, NJ - United Sta	Yes	No	(856-342-2345	
Christians Care Hospital	Wilmington, DE - United S	Yes	No	(302) 733-1000	
St. Francis Hospital	Wilmington, DE - United S	Yes	No	(302) 421-4590	

Special Medical Emergency Procedures

Document all incident related injuries/illnesses. Report to Medical Unit Leader and Safety
 Communicate any and all loss of degradation of medical services/resources to the Incident Commander (IC)

ICS 206 - Medical Plan

Incident: Mississippi Canyon 252	Prepared By: Pallavicini, Sergio at 5/1/2010 12:25
Period: Period 12 (5/2/2010 06:00 - 5/3/2010 06:00)	Version Name: Period 12 - Medical Plan

Medical Aid Stations

Name	Location	Paramedics (On-Site)	Phone	Radio
Venice Staging Area	Venice, LA	Yes	504-415-2125	
Acadian Ambulance	Venice, LA	Yes	504-432-8033	
Breton Sound	Venice, LA	Yes		
Cat Island	Venice, LA	Yes		
Pass a Loutre	Venice, LA	Yes		
Biloxi Staging Area	Biloxi, MS	Yes	662-719-9528	
AMR Ambulance	Biloxi, MS	Yes		
US Enviromental Services	Biloxi, MS	Yes	601-955-4298	
Biloxi Point Cadet	Biloxi, MS	Yes	504-382-1375	
Mobile Staging Area	Mobile, AL	Yes	251-455-6833	
Pascagoula Staging Area	Pascagoula, MS	Yes	228-623-0550	
Pensacola Staging Area - US Naval /	Prensacola,FL	Yes	727-214-4025	
BOA Sub C	MC 252	Yes	0114751406850 ext	
Horn Mountain Platform	MC 127	Yes	979-230-4601	
Nakika Platform	MC 474	Yes	337-735-4001	

Transportation (Ground and/or Air Ambulances Services)

Name	Location	Paramedics	Phone	Radio
Dispatch/Heliport for Cougar	Houma, LA	Yes	(337)735-5350	
Plaquemine Parish Ambulance	Port Sulphur, LA	Yes	(985) 564-2761	
Acadian Ambulance	Houma, LA	Yes	(800) 259-1111	155.295
University of South Alabama Hospital	Mobile, AL	Yes	(251) 460-6101	
Lafourche Parish Ambulance	Galliano, LA	Yes	(985) 632-7191	
Grand Isle Volunteer Fire Dept.	Grand Isle, LA	Yes	(985) 787-2777	

Hospitals

Name	Location	Helipad	Burn Center	Phone	Radio
Venice, LA Area Hospitals					
Ochsner Baptist Medical Center	New Orleans, LA	No	No	(504) 899-9311	
West Jefferson Medical Center	Marrero, LA	Yes	Yes	(504) 347-5511	
East Jefferson General Hospital	Metairie, LA	Yes	No	(504) 454-4377/400	
Ochsner Medical Center - Kenner	Kenner, LA	No	No	(504) 468-8600	
LSU Medical Center	Baton Rouge, LA			(225) 358-1000/106	
Thibodaux Regional Medical Center	Thibodaux, LA	Yes	No	(985) 447-5500	
Terrebonne General Medical Center	Houma, LA	Yes	No	(985) 873-4141	
Lady of the Sea General Hospital	Cut Off, LA	Yes	No	(985) 632-6401	
Baton Rouge General Medical Cente	Baton Rouge, LA	Yes	Yes	(225) 387-7000	
Occ. Med. Services, Dr. Davis	Grand Isle, LA	No	No	(985) 223-0032	
Pascagoula, MS Area Hospitals					

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Incident: Mississippi Canyon 252	Prepared By: Pallavicini, Sergio at 5/1/2010 12:25
Period: Period 12 (5/2/2010 06:00 - 5/3/2010 06:00)	Version Name: Period 12 - Medical Plan

Hospitals

Name	Location	Helipad	Burn Center	Phone	Radio
Singing River Hospital	Pascagoula, MS	Yes	No	228-809-5000	
Ocean Springs Hospital	Ocean Springs, MS	Yes	No	228-818-1111	
Biloxi, MS Area Hospitals					
Biloxi Regional Medical Center	Biloxi, MS	No	No	228-432-1571	
Mobile, AL Area Hospitals					
Providence Hospital	Mobile, AL	No	No	251-633-1000	
University of South Alabama Hospital	Mobile, AL	Yes	Yes	(251) 460-6101	
Pensacola, FL					
West Florida Hospital	Pensacola, FL	Yes	No	850-494-4702	

Special Medical Emergency Procedures

Burn patients sent to University of South Alabama Hospital via USCG SAR/Evac

See Medical Contact information below:

Name	Title	Location	Phone
Diana Haines	Occ health Nurse	Houston, TX	281-380-8416
John Cullum	Occ health Nurse	Houston, TX	832-563-6886
Matt Savoy	Acadian Medical Service	Lafayette, LA	337-278-1614

DRILL

1. Incident Name SONS 2010-NNE-Exercise	2. Operational Period (Date / Time) From: MAR 25 10 06:00 To: MAR 26 10 06:00	MEDICAL PLAN ICS 206-CG
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3. Medical Aid Stations			
Name	Location	Contact #	Paramedics On site (Y/N)
Bug Light Sound ME	Bug Light sound ME(North east mobile health)	207-772-4459	YES
Old Orchaard Beach ME	Old orchard Beach ME (northeast mobile health)	207-772-4459	YES
Camp Ellis ME	Camp Ellis ME (Northeast Mobile Health)	207-772-4459	YES
Pierce Island NH	Pierce Island NH (Portsmouth Fire Dept.	603-427-1515	YES
Hamptons Co-op NH	Hamptons Co-op (AMR Newburyport)	800-322-0471	YES
Salisbury Beach MA	Salisbury Beach ME (AMR Newburyport)	800-322-0471	YES
Wells Beach ME	Wells Beach (Northeast Mobile health)	207-772-4459	YES

4. Transportation			
Ambulance Service	Address	Contact #	Paramedics On Board (Y/N)
AMR	25 Walker St. Kittery ME 03904	207-439-2708	YES
North East Mobile Health	24 Washington Ave Scarborough ME 04074	207-772-4459	YES
AMR	438 High st Somersworth, NH 03878	603-742-2117	YES
Portland Fire Dept.	308 Congress St. Portland ME 04101	207-874-8400	YES
S. Portland Fire Dept.	20 Atthoine st. S. Portland ME 04106	207-799-3311	YES
Portsmouth Fire Dept	170 Court St. Portsmouth NH 03801	603-427-1515	YES
AMR	3 Boston Way Newburyport MA 01950	800-427-0471	YES

5. Hospitals						
Hospital Name	Address	Contact #	Travel Time (hrs)		Burn Ctr?	Helipad?
			Air	Ground		
Mercy Hospital	144 State St Portland, ME 04101	207-879-3000		0.20	<input type="checkbox"/>	<input type="checkbox"/>
Portsmouth Regional Hospital	333 Borthwick Ave, Suite 100 NH 03801	(603) 436-5110		1.00	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Maine medical Center	131 Chadwick St. Portlanr ME 04102	(603) 778-7311		0.20	<input type="checkbox"/>	<input type="checkbox"/>
South Maine medical Center	1 medical center dr Biddford ME 04005	207-28307000		0.50	<input type="checkbox"/>	<input type="checkbox"/>
York Hospital	15 Hospital Dr York ME 03909	207-363-4321		0.75	<input type="checkbox"/>	<input type="checkbox"/>
Lifeline of Maine	300 Main St Lewiston ME, 04240	1-888-421-4228	0.30		<input type="checkbox"/>	<input checked="" type="checkbox"/>
Boston Med Flight	1727 Robins St. Bedford MA 01730	1-800-233-9889	0.30		<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>

6. Special Medical Emergency Procedures
 ADDITIONAL AID STATION
 Gloucester MA State pier, AMR (Newburyport, MA)
 Rye Beach NH (AMR Newburyport, MA)

Notify the Safety Officer as soon as practical regarding accidents or injuries.
 Make note of which applicable hospital and ambulatory service once on scene at your locations.

*When staging 1st aid station makes the decision to transport injured respnse personnel they will notify safety at 207-535-4070, and medical services at 207-535-4045, with information regarding name of injured, employer, task being performed when injured, tranport compoany and Hospital being transported to.

***911 response will have paramedic personnel asigned . some rehab stations will also have paramedic personnel assigned

* Other resources
 American Red Cross of Southern Maine, 2401 Congress St. Portland ME PH#207-874-1192
 American Red Cross Greater Bay Chapter, 273 Corporate Dr. Portsmouth NH 03801 PH# 603-776-5440

7. Prepared by: (Medical Unit Leader) Logistics	Date / Time MAR 24 10 14:19	8. Reviewed by: (Safety Officer)	Date / Time
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Incident Name: PEPCO Swanson Creek	Location: Aquasco, Maryland
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Incident Action Plan No. 14

Medical Emergency Plan

First Aid Stations:

Geographic Location	Group(s) Served	Phone/Radio
West bank of Patuxent River	All operational zones	
East bank of Patuxent River	All operational zones	

Ground Ambulance Service(s):

In the event of a medical emergency, call the on-site ambulance at 972.797.2500.

Air Ambulance Service(s):

Name	Group(s) Served	Phone/Radio

Hospitals:

Name	Group(s) Served	Phone/Radio
Civista Hospital		301.609.4000
Calvert Memorial Hospital 100 Hospital Road, Frederick, MD		301.475.8344
Southern Maryland Hospital 7503 Surratts Road, Clinton, MD		301.877.4500

Summary of Medical Emergency Procedures:

1. ALL injuries, no matter how slight, must be reported to the Site Safety Officer and the Chalk Point Station's Safety Coordinator (Delores Kalnasy) at 301.843.4110.
2. All injuries must be treated immediately. Site Supervisors will coordinate medical treatment.
3. Dedicated ambulance services (3 ambulances) are on-site.

Medical Plan (ICS-206)

Incident Name: <i>Ybor Channel Incident</i>	Operational Period (start): <i>0700 hrs, Sept. 26, 2013</i>	Operational Period (end): <i>0700 hrs, Sept. 27, 2013</i>	
First Aid Stations:			
Name	Location/Address	Telephone #	EMTs (y/n)
<i>Tampa Asphalt Terminal</i>	<i>500 N. 19th Street</i>	<i>813-xxx-xxxx</i>	<i>Yes</i>
<i>TPA Berth 30</i>	<i>Lehman Street & Barton Avenue</i>	<i>813-xxx-xxxx</i>	<i>Yes</i>
<i>Davis Islands Park</i>	<i>155 Columbia Drive</i>	<i>813-xxx-xxxx</i>	<i>Yes</i>
Ambulance Services:			
Name	Location/Address	Telephone #	EMTs (y/n)
<i>American Medical Response</i>	<i>4914 W. Knox Street</i>	<i>813-885-7722</i>	<i>Yes</i>
<i>Hillsborough County Ambulance</i>	<i>2709 E. Hanna Avenue</i>	<i>813-272-6688</i>	<i>Yes</i>
<i>Transcare Ambulance Service</i>	<i>14901 Crisis Center Plaza</i>	<i>813-964-1594</i>	<i>Yes</i>
Hospitals:			
Name	Location/Address	Telephone #	Travel Time
<i>Tampa General Hospital</i>	<i>1 Tampa General Circle</i>	<i>813-844-7000</i>	<i>< 10 min.</i>
Summary of Emergency Medical Procedures:			
<p><i>1. Report all injuries to the Safety Officer, Group Supervisor, and Division Manager.</i></p> <p><i>2. Minor injuries shall be treated on-site (basic first-aid). For slightly more serious injuries, but the injured person is conscious and able to walk by himself/herself, they may be driven to the nearest medical facility by another worker. For any significant injuries (broken arm, cut requiring stitches, etc), call 911 or local ambulance service (see above) to arrange an ambulance rendezvous for medical attention at the appropriate medical facility. EMTs from the ambulance service shall identify the appropriate medical facility.</i></p> <p><i>3. A minimum of two (2) CPR/first-aid qualified persons shall be on-site during all work activities to handle minor injuries/illnesses.</i></p> <p><i>4. A small boat will be readily available at all times to transport injured personnel (any medical situation beyond the capabilities of on-site basic first-aid) to rendezvous with a land-based ambulance at either the Tampa Asphalt Terminal, TPA Berth 30, or Davis Islands Park. The ambulance shall provide patient transportation to the appropriate medical facility (see above).</i></p>			
Prepared By: (MEDL) <i>Stephanie Richards</i>	ICS Position/Assignment: <i>Safety Officer</i>	Preparation Date/Time: <i>1345 hrs, Sept. 25, 2013</i>	



Bay Medical Center Emergency Medical Services

Deepwater Horizon MC-252

MEDICAL INCIDENT ACTION PLAN

Revised 06/19/2010

Version 1.6

Bay Medical Center Emergency Medical Services

ICS 201: EMS OPERATIONS – INCIDENT BRIEFING

Overview map, resource requirements.

1. EMS Incident Operations Name
Deepwater Horizon

2. Date(s)
TBD

3. Overall Operational Period
TBD

4. Area of Operation Map- Divisions - See Addendums for Map Detail



Bay Medical Center Emergency Medical Services
Deepwater Horizon MC 252 Incident
EMS Division Detail



Bay Medical Center Emergency Medical Services
Deepwater Horizon Incident
EMS Division 3 Detail



General Control Objectives for the Incident

1. To safely operate throughout the incident.
2. To safely provide medical care to those workers assigned duties on the beaches of Bay County in response to the Deepwater Horizon MC-252 incident and oil spill clean-up operations.
3. To coordinate medical resources across 30 miles of Bay County coastline during oil spill clean-up operations.
4. To provide ALS first response services to those workers assigned beach duties.
5. To facilitate rehabilitation and minor emergency care to those workers assigned beach duties.
6. To provide Advanced Life Support and transportation to the appropriate hospital when necessary.

Radios/Communications

1. All EMS communications regarding oil spill EMS operations will be conducted on 800-mhz **EMS Tactical Channel 2**.
2. The EMS Communications Center may also be directly contacted on **Marine Channel 22-A**.
3. Communications structure:
 - a. All communications related to incident events will be coordinated by EMS Communications.
 - b. Any patient transports will be coordinated by EMS Communications.
 - c. Command Staff is designated as the on-duty Shift Commander (EMS 2)
4. Alternate communications in the event of 800-mhz failure is **Med 12 or landlines**.

Treatment of beach workers:

1. On arrival or at time of contact, obtain patient's last name and notify EMS Communications.
2. Treat the patient and transport to the nearest Medical Aid Station if minor to moderate illness or injury. If illness or injury appears critical in nature, notify EMS Communications and request the nearest ALS Transport Unit for rendezvous.
3. After treatment and if the worker refuses transport, complete the usual paperwork for a refusal and notify EMS Communications of the worker's last name and the fact that they will be continuing work.

General Safety Message

1. Most Bay County beach areas are only accessible by 4WD. Use caution when operating on beaches and watch for pedestrians, oil product and other debris.
2. Use caution while moving in and out of beach areas and traffic. Always use a spotter while backing.
3. Stay hydrated while working outside. Seek shade and air conditioning whenever not actively involved in patient care.

Long-Term Weather Forecast:

Long-term forecasts indicate temperatures in the upper nineties, heat indices exceeding 100° and potentially severe afternoon thunderstorms.

Attachments

√	ICS 201: Briefing	√	EMS Division 1 & 2 Detail	√	MSDS for Weathered Crude Oil
√	ICS 202: Objectives	√	EMS Division 3 Detail	X	MSDS for Dispersant
√	ICS 206: Ambulance Destination	√	Overview of Illness/Injury		

Required EMS Task Force Components For Each Deployed Land-Based "Medical Aid Station":

- 4-Wheel Drive PUT, Paramedic level equipped, Quick Response Vehicle
- Shared ALS Transport Unit per Division
- Air Conditioned Tent or Camper Trailer
- Physician Medical Control (On Line & Standing Orders)
- EMS Command Staff (On Line)

Component Detail	Asset Agency	ETA	Number Required	Description
4-Wheel Drive Pick-Up Truck: Advanced Life Support Quick Response Vehicle (QRV)	Undetermined	TBD	One per deployed Medical Station	BMC EMS will equip each 4WD PUT with supplies and equipment necessary to respond to potential patients at the Advanced Life Support Level. Each 4WD PUT will be staffed with a minimum of one (1) Florida certified Paramedic and one (1) Florida certified Emergency Medical Technician. BMC EMS will also equip each 4WD PUT with immobilization equipment and manual stretcher equipment which will provide the capability to transport a patient off of a beach area, transporting to a deployed Medical Station or to rendezvous with an ALS Transport Unit on the nearest hard road.
Shared Advanced Life Support Transport Unit	BMC EMS	TBD	One per EMS Division	Staffed with one Florida certified Paramedic and one Florida certified EMT to provide immediate ALS transport to patients from the beaches or transport from Medical Station tents to an appropriate hospital.
Air Conditioned Tent or Camper Trailer	Undetermined	TBD	One per deployed Medical Station	Each air conditioned tent or camper trailer will be capable of rehabilitation and treatment of 5 to 10 minor to moderately ill or injured patients at any given time. Each air conditioned tent or camper trailer will be staffed with, at a minimum, one (1) Florida licensed Registered Nurse to provide basic and intermediate care. Should it be determined that the needs of the patient are beyond the capabilities provided by the Registered Nurse within the Medical Station, the shared ALS Transport Unit will transport the patient to the appropriate hospital.
Physician Medical Control	Bay Medical Center	TBD	24/7 Available to all BMC deployed assets	The BMC EMS Medical Director will provide deployed Paramedics, EMTs and Registered Nurses with standing orders/protocols in the event of illness or injury to workers. In addition, Bay Medical Center Emergency Department Physicians will be available by telephone and radio 24 hours per day for consultation for the duration of the operation.
EMS Command Staff/Administrative	BMC EMS	TBD	24/7 Available to all BMC deployed assets	BMC EMS will provide deployed Paramedics, EMTs and Registered Nurses with command, control and logistical assistance 24 hours per day for the duration of the operation.

Required EMS Task Force Components For Each Deployed Water-Based "Medical Aid Station":

- ALS Transport Unit Based at Panama City Marina
- Air Conditioned Boat Capable of Housing All Worker Assigned to Shell Island Anchored at Shell Island
- Physician Medical Control (On Line & Standing Orders)
- EMS Command Staff (On Line)

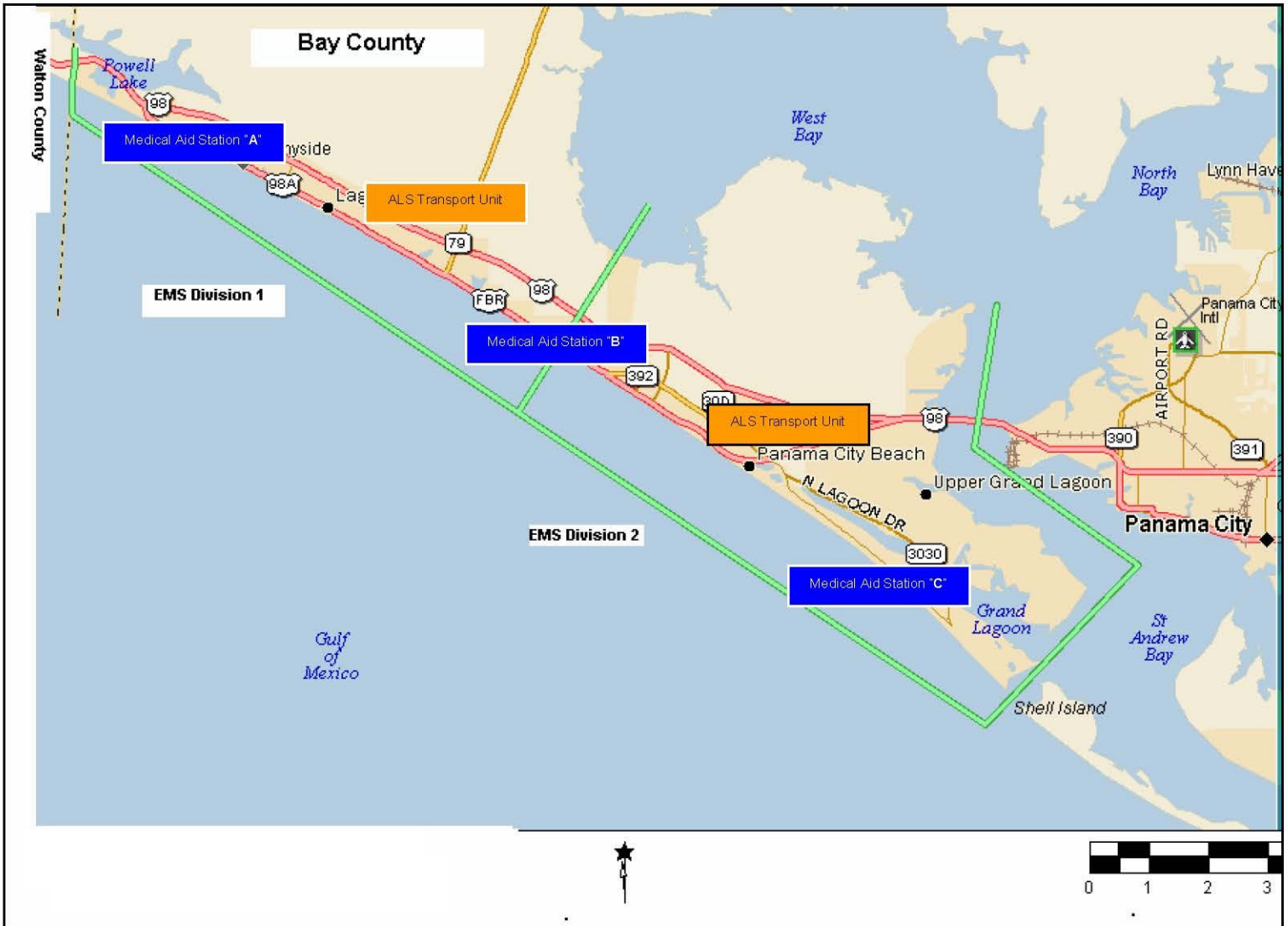
Component Detail	Asset Agency	ETA	Number Required	Description
Advanced Life Support Equipped Paramedic	BMC EMS	TBD	One per deployed Medical Aid Station	BMC EMS will equip each Medical Aid Station Boat with supplies and equipment necessary to respond to potential patients at the Advanced Life Support Level. Each Medical Aid Station Boat will be staffed with a minimum of one (1) Florida certified Paramedic. BMC EMS will also equip each Medical Aid Station Boat with immobilization equipment and manual stretcher equipment which will provide the capability to transport a patient off of the island and rendezvous with an ALS Transport Unit at the Panama City Marina.
Advanced Life Support Transport Unit	BMC EMS	TBD	One Staged at Panama City Marina	Staffed with one Florida certified Paramedic and one Florida certified EMT to provide immediate ALS transport to patients from the beaches or transport from Medical Stations to an appropriate hospital.
Air Conditioned Boat	Undetermined	TBD	One per deployed Medical Aid Station	Each air conditioned boat will be staffed with, at a minimum, one (1) Florida certified Paramedic to provide basic and intermediate care. Should it be determined that the needs of the patient are beyond the capabilities provided by the Medical Aid Station, the patient will be transported by boat to the Panama City Marina to rendezvous with the staged ALS Transport Unit which will transport the patient to the appropriate hospital.
Physician Medical Control	Bay Medical Center	TBD	24/7 Available to all BMC deployed assets	The BMC EMS Medical Director will provide deployed Paramedics, EMTs and Registered Nurses with standing orders/protocols in the event of illness or injury to workers. In addition, Bay Medical Center Emergency Department Physicians will be available by telephone and radio 24 hours per day for consultation for the duration of the operation.
EMS Command Staff/Administrative	BMC EMS	TBD	24/7 Available to all BMC deployed assets	BMC EMS will provide deployed Paramedics, EMTs and Registered Nurses with command, control and logistical assistance 24 hours per day for the duration of the operation.

EMS Division 1 & 2

Required Division Resources

Segment Operational Period: **TBD**

- Three (3) Land-Based Medical Aid Station "Packages"
- Two (2) ALS Transport Units



EMS Division 3

Required Division Resources

Segment Operational Period: **TBD**

- One (1) Water (Boat)-Based Medical Aid Station "Package"
- One (1) ALS Transport Unit



ICS 206: EMS OPERATIONS AMBULANCE DESTINATION PLAN		1. Incident Ambulance Operations Name	Date Prepared	Time Prepared	Operational Period			
		DEEPWATER HORIZON	06/19/10	1640	TBD			
Incident Medical Aid Stations								
Identifier		Location						
Medical Aid Station "Alpha"		Front Beach Road & 14 th Avenue						
Medical Aid Station "Bravo"		Front Beach Road at County Pier						
Medical Aid Station "Charlie"		Thomas Drive at Richard Stelzer Park						
Medical Aid Station "Delta"		Water (boat)-based, anchored at NW corner of Shell Island						
Disaster Medical Assistance Teams (DMAT) / State Medical Response Teams (SMRT)								
Identifier		Location			Contact Phone or Radio Frequency			
Area Full-Service Receiving Hospitals								
Name	Address	Travel Time		Phone	Helipad		Beds	
		Air	Ground		Yes	No	Total	Avail.
Gulf Coast Medical Center	449 West 23 rd Street Panama City, FL 32405	N/A	10-30 Minutes	(850) 769-8341	X		150	
Bay Medical Center	615 North Bonita Avenue Panama City, FL 32401	N/A	10-30 Minutes	(850) 769-1511	X		340	
Sacred Heart on the Gulf	3801 E. HWY 98 Port St. Joe, FL 32456	N/A	10-30 Minutes	(850) 229-5600	X		25	

Overview: Medical Injuries/Illnesses of Beach Clean-up Workers

The majority of daily issues will be heat related. These workers will present with a variety of symptoms of fatigue, muscle cramping, dizzy, nausea/vomiting, syncope, etc. The spectrum of heat illness is a continuum from a mild case of Heat Cramps to Heat Stroke. Management of these patients involves the ABC's, VS including Core Temperature. Histories in addition to symptoms (any vomiting/diarrhea?) and urine output, should be directed towards possible underlying medical conditions, medications, and fluid replacement during the course of treatment. Offer sips of fluid, Gatorade/water and foods like potato chips or pretzels or start an IV if orthostatic and/or can't tolerate oral rehydration.

Heat Stroke is associated with multi organ system failure. The metabolic heat produced by muscle during activity outpaces body heat transfer and causes the core temperature to rise to levels that disrupt organ function. Beach workers may present with fatigue, severe muscle cramping, vertigo, combativeness, disorientation, and possibly seizures.

Heat Cramps is the mildest form of heat illness and is purely due to dilutional hyponatremia.

Heat Exhaustion will present with cramping, lightheadedness and possibly nausea/vomiting.

Difficulty Breathing/Asthma: Beach workers may present with pulmonary symptoms. Most common presentations include dyspnea (difficulty breathing i.e. air hunger), cough, chest pain, chest tightness and/or wheezing. A differential diagnoses for such symptoms includes other pulmonary ailments such as Chronic Obstructive Pulmonary Disease (mainly in adults with a history of tobacco use), Vocal Cord Dysfunction and/or cardiac conditions. Asthma has increased over the past few decades and has been known to effect over 10% of the population. There are different severity categories for asthma; the most common is Activity Induced Asthma. Those presenting may be suffering from Activity Induced Asthma or uncontrolled asthma (symptoms occurring during and after heavy activity). Those suffering from an asthma flare may present with a variety of pulmonary symptoms, wheezing being is the most common. Asthma exacerbations may present with chest pain/tightness. In rare instances, when the asthma exacerbation may be severe enough to cause hypoxia, the worker may present with mental status changes and/or seizures.

Renal Failure: Causes of renal failure are vast, though includes trauma (such as with crash injuries) prolonged exercise (which may stem from complications such as heat exhaustion/hyponatremia). Certain factors may predispose workers (ie recent hx of ETOH consumption). Patients may present with muscle pains /aches /weakness /swelling. Tea colored urine may be a sign that myoglobin is being filtered leading to the diagnoses. Difficulty urinating may be a clue. On exam, muscle findings such as muscle tenderness on palpation, and discolored skin over the muscle may only be present in 4-15% of cases. Nonspecific complaints and failure to respond to IV fluids may be an indication that renal failure may be present.

Spontaneous Pneumothorax: Spontaneous pneumothorax is considered a rare event. Approximately 2000 cases occur each year in the US with about 10% associated with activity. It is more common in males in their late teens to late thirties. Individuals who are tall and slender built are more at risk factor for pneumothorax. Spontaneous pneumothorax can be further divided into primary or secondary, depending whether or not lung disease is present or absent. Both spontaneous and traumatic pneumothorax can present to EMS. Pneumothorax clinical presentations may vary. Usually individuals present with dyspnea, pleuritic chest pain (in 80-90% of cases) or cough. Some are asymptomatic.

Dermatology: There are a variety of skin conditions that may present during the course of this incident. The following conditions are the most common:

1. Blisters: Occurs from friction between skin and outside surface, such as clothing or Shoes.
Treatment: Avoid bursting vesicle, though if needed to relieve pain/pressure, Use a sterile needle, keep the skin intact, and apply a porous plastic coated Gauze pad and bandage.
2. Friction Burns (i.e. heatburn/scrapes/road rash/abrasion) involves damage to the epidermis (outer layer of skin) from trauma. Many nerve fibers are present within the epidermis thus can be very painful.
Treatment: Removal of dirt/debris from area, clean area well with .9% NS. Apply a Semi Permeable dressing (ie tagaderm/bioocclusive) to the area. Have patient keep area moist with saline and change area few times daily for the next few days.
3. Bruise (Ecchymosis, Contusion) Bleeding beneath the skin. If excessive may develop hematoma. This is caused by tearing of the subcutaneous blood vessels.
Treatment: Ice Packs
4. Laceration/Tear: Tear of the skin that can be superficial (confined to the dermis) or more extensive (extending into the subcutaneous tissue).
Treatment: rule out risk of infection (if soiled, dirty, occurs from an animal bite, open for more than 1 hour, over 5 cm in length).